



Rochester Rowing Club

Trip Rules

Punctuality

It is essential that everyone always be on time. Chaperones will encourage all rowers to be on schedule so we can unload boats together and leave for regattas on time.

Courtesy

Be polite to each other and show respect to your chaperones and coaches.

The Buddy System

If you want to leave the hotel and go some where check with a chaperone to see if it OK. If it is fine then you are expected to be with other rowers and not go off alone. Let an adult know where you are.

Curfew

When Phil or a chaperone sets the curfew time then you need to be in your rooms at that time. There are no excuses. Call a chaperone if you need something after curfew.

Hotel Conduct

Keep the noise level down. No shouting from room to room. No running in halls or playing in elevators.

Do not take anything from your hotel room or anywhere else as a souvenir or as a prank.

Don't in anyway damage the spaces you occupy. If you do you'll have to pay and we'll all be embarrassed. It reflects poorly on your whole team.

When swimming, be considerate of other people in the pool.

Don't go anywhere alone.

Alternate Schedules

If you need to leave Rochester later than the team, if you would like to leave the regatta or the hotel with your family or if you need to leave the trip early, you must get approval from both the head chaperone and the head coach.

Other Rules

Absolutely no alcoholic beverages or drugs of any kind (see alcohol and drug policy). Don't smoke, you are rowers you need your lungs.

Failure to abide by these rules will be dealt with on a case-by-case basis.

Any questions may be directed to Phil Greipp at greipp@rrcmn.com